

## Information

### Professional Experience and Qualifications

I have over 30 years experience of employment within the public sector and have an extensive range of person to person contact with individuals and groups.

This contact has ranged involving conflict, anger management and emotional concerns. Further problem solving experiences have involved trauma associated with road traffic collisions, general crime as well as homicide and suicide. Contact has involved adults as well as children and young persons.

For the past 7 years I have varying experience of supervised placement counselling with a variety agencies. These agencies have focused upon offering support towards Loss, Bereavement, Bullying, Drug and Alcohol Addiction, Trauma, Rape, Depression and Anxiety issues.

I hold both Certificate of Counselling and Post Graduate Diploma in counselling (CBT) and am currently engaged upon an MA research program at University of Wales, Newport .

I am a member of the British Association for Counselling and Psychotherapy (MBACP) as well as a member of the British Association for Behavioural and Cognitive Psychotherapies (BABCP) and currently working towards accreditation.